

2024 Cross Pollinator Heat Sheet

9s from the Line (9am - 10:30am)

Heat	Lane	Team
Heat 1	Lane 1	Woody's Women Waterbury Functional Fitness
	Lane 2	Pitter Patter Deep Roots Fitness
	Lane 3	PB&K 802 CrossFit
Heat 2	Lane 1	Hans, Franz & Ferrada GMCF
	Lane 2	Tri Me 802 CrossFit
	Lane 3	WFF Odd Throuple Waterbury Functional Fitness
Heat 3	Lane 1	CrossFit Rising Star TBD 3 CrossFit Rising Star
	Lane 2	broken back baddies 802 CrossFit
	Lane 3	Bean Counters Waterbury Functional Fitness
Heat 4	Lane 1	All Snatch No Jerk 802 CrossFit
	Lane 2	Not Fast, Just Furious GMCF
	Lane 3	Bunny Slope ActiveVT
Heat 5	Lane 1	Crossfit Royalty Waterbury Functional Fitness
	Lane 2	A pimp named slickback 802 CrossFit
	Lane 3	All Chalk no Action Deep Roots Fitness
Heat 6	Lane 1	Beast Mode or Bust GMCF
	Lane 2	Last Minute Lifters Waterbury Functional Fitness
	Lane 3	All Chalk, No Game 802 CrossFit
Heat 7	Lane 1	Vicious and delicious Deep Roots Fitness
	Lane 2	Team Jellin Other
	Lane 3	80's, 90's & 00's 802 CrossFit
Heat 8	Lane 1	J2K GMCF
	Lane 2	Queen Bees Waterbury Functional Fitness
	Lane 3	

3 Busy Bees (10:45am - 12:30pm)

Heat	Lane	Team
Heat 1	Lane 1	Woody's Women Waterbury Functional Fitness
	Lane 2	Pitter Patter Deep Roots Fitness
	Lane 3	PB&K 802 CrossFit
	Lane 4	Hans, Franz & Ferrada GMCF
Heat 2	Lane 1	Tri Me 802 CrossFit
	Lane 2	WFF Odd Throuple Waterbury Functional Fitness
	Lane 3	CrossFit Rising Star TBD 3 CrossFit Rising Star
	Lane 4	broken back baddies 802 CrossFit
Heat 3	Lane 1	Bean Counters Waterbury Functional Fitness
	Lane 2	All Snatch No Jerk 802 CrossFit
	Lane 3	Not Fast, Just Furious GMCF
	Lane 4	Bunny Slope ActiveVT
Heat 4	Lane 1	Crossfit Royalty Waterbury Functional Fitness
	Lane 2	A pimp named slickback 802 CrossFit
	Lane 3	All Chalk no Action Deep Roots Fitness
	Lane 4	Beast Mode or Bust GMCF
Heat 5	Lane 1	Last Minute Lifters Waterbury Functional Fitness
	Lane 2	All Chalk, No Game 802 CrossFit
	Lane 3	Vicious and delicious Deep Roots Fitness
	Lane 4	Team Jellin Other
Heat 6	Lane 1	80's, 90's & 00's 802 CrossFit
	Lane 2	J2K GMCF
	Lane 3	Queen Bees Waterbury Functional Fitness
	Lane 4	

Pick your Mix for 6 (12:45pm - 2:30pm)

Heat	Lane	Team
Heat 1	Lane 1	Woody's Women Waterbury Functional Fitness
	Lane 2	Pitter Patter Deep Roots Fitness
	Lane 3	PB&K 802 CrossFit
	Lane 4	Hans, Franz & Ferrada GMCF
Heat 2	Lane 1	Tri Me 802 CrossFit
	Lane 2	WFF Odd Throuple Waterbury Functional Fitness
	Lane 3	CrossFit Rising Star TBD 3 CrossFit Rising Star
	Lane 4	broken back baddies 802 CrossFit
Heat 3	Lane 1	Bean Counters Waterbury Functional Fitness
	Lane 2	All Snatch No Jerk 802 CrossFit
	Lane 3	Not Fast, Just Furious GMCF
	Lane 4	Bunny Slope ActiveVT
Heat 4	Lane 1	Crossfit Royalty Waterbury Functional Fitness
	Lane 2	A pimp named slickback 802 CrossFit
	Lane 3	All Chalk no Action Deep Roots Fitness
	Lane 4	Beast Mode or Bust GMCF
Heat 5	Lane 1	Last Minute Lifters Waterbury Functional Fitness
	Lane 2	All Chalk, No Game 802 CrossFit
	Lane 3	Vicious and delicious Deep Roots Fitness
	Lane 4	Team Jellin Other
Heat 6	Lane 1	80's, 90's & 00's 802 CrossFit
	Lane 2	J2K GMCF
	Lane 3	Queen Bees Waterbury Functional Fitness
	Lane 4	